

A Quick Reference Guide 2017-18

Wandsworth Council's Lifelong Learning team works with over one hundred organisations to deliver its mission statement:

"All Wandsworth residents will have access to a wide range of high quality learning opportunities in a safe learning environment. Provision will be demand led, flexible and held at times and in places designed to meet the needs of learners, employers and the local community. The Lifelong Learning team aims to improve the quality of life skills and employability of residents in the borough, making Wandsworth a vibrant, prosperous learning community."

Additionally, we offer learners impartial, confidential information, advice and guidance, tailored to individual needs and aspirations and helping all to succeed in their chosen programmes and next step progression.

This year we are putting particular emphasis on helping people get ready for work through the funding of additional 'employability' courses and even more specialist careers guidance.

Through close relationships with schools, colleges, training providers, voluntary agencies and community groups the council ensures that there are learning opportunities in a wide range of subject areas, involving all ages from family learning activities right through to courses aimed at senior citizens. In the last year just over 6,000 people took advantage of the courses on offer.

This guide signposts you to all of the adult and community courses available in Wandsworth and demonstrates our commitment to support learners and providers alike, to maximise learning opportunities.

The council has been developing its work over the past year to ensure that there is something for everyone.



# The Lifelong Learning Three-Year Development Plan has five main objectives:

- To lead and manage high-quality learning
- To increase the number of learners achieving and gaining qualifications
- To meet the needs of individuals, communities and employers in Wandsworth
- To widen participation in learning from preschool to retirement and beyond
- To link adult and community learning to other key strategies and initiatives

We will continue to look for opportunities that will ensure wider access to learning opportunities.

If you wish to contact the Lifelong Learning team please call 020 8871 8618

or for more information visit our website: www.wandsworthlifelonglearning.org.uk

Wandsworth Lifelong Learning is committed to providing the community with the best possible learning experiences.

All providers commissioned by Lifelong Learning must adhere to the following standards.

# It is an expectation that learners and apprentices:

- 1 Are recruited with integrity thereby ensuring that the large majority complete their programme successfully
- 2 Receive detailed, comprehensive information, advice and guidance at entry so that they understand the demands and implications of their choice including opportunities for progression.
- 3 Appropriate to the programme followed, undertake initial assessment/diagnostic testing that is actively used to inform the allocation of support, target setting, teaching strategies and the monitoring of their progress recorded in an Individual Learning Plan.
- **4** Will be provided with a safe and secure learning environment and receive training to understand their responsibilities and that of others.

- **5** Through the receipt of well-planned teaching and assessment, delivered by qualified and enthusiastic teachers and assessors, will receive at least a consistently good learning experience.
- **6** Through the embedding and promotion of English and Maths, will improve their skills with the large majority passing relevant national qualifications including community learning as appropriate.
- 7 Will regularly have their work accurately assessed and appropriately annotated with comments, their progress checked and explained to them, and be routinely set and achieve meaningful targets for success.
- 8 Will (apprentices) meet with their assessor and employer every 6 weeks (minimum) to review and record progress, set meaningful targets and review /develop apprentices' understanding and application of wider learning for example. Equal Opportunities, Diversity, Life Skills and Health and Safety.

- **9** Routinely receive high quality advice and guidance and towards the end of their programme be guided towards appropriate lateral progression or towards relevant further/higher education, training or meaningful employment.
- 10 Will benefit from continuous programme improvements, driven by robust self assessment that embraces the 'learner voice', lesson monitoring designed to improve their learning experience, comprehensive destination monitoring, detailed quality improvement planning and ongoing, customised professional development for all staff.
- 11 Will routinely celebrate, explore and develop their understanding of equality of opportunity and diversity issues, throughout learning programmes.



<sup>6</sup> Ready for Work

#### **Personal Careers Guidance Service**

T: 07919 392 254

E: ddavis2@wandsworth.gov.uk

If you need help to work out what might be the best career path for you and what you need to do to get there.

Our experienced careers guidance counsellors can help with.

- Career Goals, Skills Assessment and Confidence Building
- Creating a winning CV and Job applications
- Interview Techniques, Preparation and Mock-Interviews
- Creative Job Search to Explore Employment Opportunities

To find out how to book a one-to-one session with an advisor or to find out more about the service, call or email Dustine Davis.

#### **National Careers Service**

T: 0800 100 900

#### www.nationalcareersservice.direct.gov.uk

The National Careers Service provides free careers and education information as well as advice and guidance to adults and young people. Advisers can help you with all aspects of careers guidance including exploring your careers options, choosing training routes, developing your CV and searching and applying for jobs.

Services can be accessed through our website or by phoning the number above.



#### Wandsworth Work Match

T: 020 8871 5191

E: wandsworthworkmatch@ wandsworth.gov.uk www.wandsworthworkmatch.org

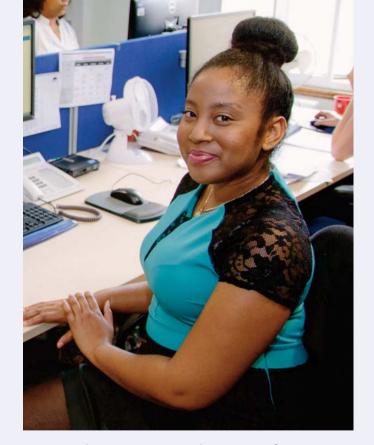
If you are a Wandsworth resident and looking for work, Work Match can help match you to the right job.

We are currently working with local and national businesses across the borough to secure sustainable jobs for local people. If you are ready and willing to work but need help being matched to the right job, Work Match can provide you with support in applying for roles we are currently recruiting.

Candidates who have been successful at the screening stage will receive:

- Support and assistance with completing applications
- Assistance in tailoring your C.V.
- Mock interview practice

If you need to re-train or update your skills to become job ready, Work Match can refer you to a number of partner organisations



To see our latest vacancies and get more information on the Work Match service please visit our website.

# **Apprenticeships**

Apprenticeships offer an opportunity for individuals to develop and gain relevant work based experience, knowledge and skills which will increase confidence and ability in the workplace. Apprenticeships also provide an opportunity to enhance the skills of individuals that are already employed.

Wandsworth Council Lifelong Learning work with a range of employers to help identify organisational needs and training requirements, this can involve sourcing individuals for apprenticeship vacancies to suggesting programmes that will support development needs for existing staff members.

Delivery is flexible with the opportunity to enrol throughout the year. Experienced tutors are available to help support and guide learners throughout the programme, this will include workplace visits, off-the-job training workshops and e-learning and assessment resources.

Contact Ashley Redman: 020 8871 8627 or email: aredman@wandsworth.gov.uk

# **Business Administration Apprenticeship**

Administration is a vital and core support function of any organisation, this qualification enables individuals to develop skills and knowledge covering a wide range of areas including:

- Communication and Interpersonal Skills
- Planning and Organisation
- Documentation production and processing
- Project management, organising an event

This pathway is available at Intermediate and Advanced level and is suitable for roles including office supervisors, office administrators, secretaries and data inputters. This qualification helps individuals to gain transferable knowledge, skills and behaviours that will be valuable in any sector.

Qualifications Gained: Level 2/3 Diploma in Business Administration

# **Customer Service Apprenticeship**

This Apprenticeship will support individuals to develop core skills and knowledge regarding different aspects of customer service including:

- Exceeding customers expectations
- Business and Product knowledge
- How to communicate effectively, identify and meeting individual needs of internal and external customers
- Dealing with problems in a timely and professional manner
- Identify areas of improvement to service

This pathway is available at Intermediate and Advanced level and is suitable within a range of sectors and roles including customer department supervisors, call centre team members, receptionists. This qualification helps individuals to gain confidence in their skill set and ability to be reactive to customer needs and proactive in identifying and implementing improvements to service.

Qualifications Gained: Level 2/3 Diploma in Customer Service



# Health and Social Care Apprenticeship

This Apprenticeship will assist learners with gaining recognised qualifications that will assist them with progressing and working effectively within the sector.

Areas that will be covered within this qualification include:

- Care Certificate
- Promoting Health and Well Being
- Safeguarding
- Effective communication

This programme is available at Intermediate and Advanced level and is suitable for a range of roles within different settings including residential or nursing homes, day centres or domiciliary care. This qualification enables individuals to gain knowledge and skills and ultimately demonstrate their ability to provide compassionate and competent service to all users.

Qualification gained: Level 2/3 Diploma in Health and Social Care (Adults – General Pathway) Care Certificate

### **Support Teaching and Learning** in Schools

This Apprenticeship will support individuals to develop core skills and knowledge to enable them to provide effective support in the classroom and when working with pupils independently. Areas that will be covered include:

- Planning and conducting learning activities
- Providing numeracy and literacy support
- Inclusion
- Developing productive relationships with pupils

This programme is available at Intermediate and Advanced level and is suitable for a range of roles within a school including teaching, classroom or learning support assistants. This qualification enables individuals to gain knowledge and skills that demonstrate their ability to provide effective support to promote and encourage learning within a school.

Qualification gained: Level 2/3 Diploma in Support Teaching and Learning in Schools



# Management

Management courses are suitable for a variety of individuals ranging from those that are in their first line management position, or an experienced team manager or senior strategic operational manager. Areas that will be covered during the course include:

- Developing practical and operational management skills
- Motivational techniques
- Problem solving and Decision making
- Effective Communication

This qualification is available at Level 3 and 5 and is a fantastic opportunity to gain practical knowledge to increase confidence and skills to enable effective leadership and management within the working environment.

Qualification gained: ILM Level 3 Diploma for Managers or ILM Level 5 Diploma for Leaders and Managers

Contact Ashley Redman: 020 8871 8627 or email: aredman@wandsworth.gov.uk

#### **Childcare**

This Apprenticeship is suitable for those who currently work in or looking to progress into the childcare sector, potential environments could include children's centres, nursery schools or private childminder organisations. Areas that will be covered during the course include:

- Child and young person development
- Equality and Inclusion
- Developing relationships

This programme is available at Intermediate and Advanced level and is suitable for a range of roles including nursery workers, playgroup assistants, infant school classroom assistants. This qualification enables individuals to gain knowledge and skills that demonstrate their ability to promote a safe and progressive environment for children.

Qualification gained: Level 2/3 Certificate for the Children and Young People's Workforce



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# **Traineeships**

This is a short programme aimed at supporting 16-24 year olds to progress into either employment or further learning. The course helps to prepare learners for employment, supporting individuals to identify potential sectors which match skill set and routes that are available to them. Areas covered during the course include:

- Interview Skills
- CV Writing
- Maths and English
- Team Work

Part of the programme also involves placement with an employer giving an opportunity to gain valuable work experience in the sector.

Qualification gained: Level 1 Award in Personal Development for Employability and Functional Skills maths and English (if required)

# **Employability Courses for adults**

- Health and Social Care Level 1 starts 3 October 2017
- Employability courses starts from September 2017
- Teaching courses starts from September 2017
- Functional Skills English and Maths at specific times throughout the year

If you are interested in one of these frameworks and would like to find out more information please contact:

Sharon Williams on 020 8871 8055 or email swilliams4@wandsworth.gov.uk to see if you are eligible for free training.

#### Loans

# - New Student Loans Opportunity

#### What is a Advanced Learning Loan?

Advanced Learning Loans are there to help learners aged 19 or above to cover the cost of course fees of a level 3 or level 4 college or training course.

The course must have started on or after 1st August 2014.

Your loan application will last for the duration of the course so there is no need to reapply if your course is longer than a year.

#### Who is eligible?

Learners aged 24 or above (at the start of their course) and 19-23 if already achieved a Level 3 and who are resident in the UK and studying an eligible Level 3 or 4 course.

# Does the loan depend on my income or credit history?

No, the loan doesn't depend on your income and no credit checks are carried out.

#### Do I have to take out a Loan?

No, it's up to you to decide on your best option, depending on your circumstances.

#### How much will I get?

The amount you'll receive depends on:

- the type of course
- the course fees
- the maximum loan available for your course

The minimum loan you can get is £300. You don't have to borrow the full amount of your course fees, you can pay for some of it yourself.

#### When do I have to pay back my loan?

You don't have to pay anything back unless you earn more than £21,000 a year.

If your income is over £21,000 a year your annual repayments will be 9% of any income you earn over £21,000.

#### For example:

Annual Income	Repayment
Before Tax	Amount
£22,000	£7.50 per month
£25,000	£30 per month
£30,000	£67 per month
£35,000	£105 per month

Repayments are based purely on income, not on the amount borrowed or the number of loans. If your income drops below £21,000 the repayments stop and only restart if your income increases to more than £21,000.

# **South Thames College**

Wandsworth Campus Wandsworth High Street, SW18 2PP

Other centres in Tooting and Merton

T: 020 8918 7777

E: info@south-thames.ac.uk www.south-thames.ac.uk

South Thames College has sites across Wandsworth and southwest London. It offers a wide range of courses designed to prepare people for employment.

# Short courses designed to help improve your 'employability' include:

- Grow your Self Confidence with Ease
- Facebook, Twitter & Linkedin
- PTLLS, DET & PGCE: An introduction for those interested in teaching
- Job Applications and Interview techniques
- Business in Creative Crafts
- Introduction to Self-Employment for Interpreters and Translators

- Introduction to Self-Employment in Complementary Therapy and Health
- Writing a Business Plan: Introduction
- Growing Your Business
- Using excel for small business accounts
- Branding You

There are many more. Check out our part time and short course prospectus or our website for details.

# Pre-employment and Introductory courses:

We offer introductory courses (usually 2 to 6 weeks) aimed at giving people the skills needed to gain meaningful employment. They include a vocational qualification, industry accreditation such as the CSCS card or SIA badge, and Maths and English, as well as interview skills.

These courses are run throughout the year and include Construction Skills, Security and Cleaning and Environmental Services. You can find a complete list of available courses on our website.

#### **English and Maths**

Our nationally accredited courses help you gain essential skills and confidence in English and Maths so that you can manage everyday tasks such as filling in a form, adding up your shopping bill and checking your receipt. They also help you to greater success when applying for jobs and better efficiency and confidence once you are at work.

### **English for Speakers of Other Languages**

ESOL is an English course for second language speakers. It covers English for employment, numeracy and IT skills as well as citizenship and study skills. We offer a range of nationally-accredited courses at different levels from complete beginner (entry 1) to level 2.

#### Vocational qualifications for adults

Our practical vocational training courses lead to industry standard qualifications. These courses can help you to improve your skills, retrain or build up the skills you need to help find a job. If you have been out of education for a while, there are also courses to help you to return to learning.

Courses cover subjects like Health and Social Care, Accountancy, Building Services, Beauty Therapy, Creative Industries and many more.

#### Access to Higher Education

In many cases, having a degree-level qualification can greatly help your chances of finding a better job. Access courses are intensive one-year programmes for students aged over 18 who want to enter university or higher education but do not meet the formal academic entry requirements. Many Access students are those who missed out in secondary education or are mature students looking for opportunities that they did not take the first time round.

Courses include Access to Social Work, Access to Nursing, Access to Education Studies and Access to Business.

#### Higher Education (degree level)

We offer HE and university-level qualifications that are affordable and flexible, helping you avoid many of the costs associated with going to university. Courses available include Higher National Certificates and Diplomas as well as Foundation Degrees with links to universities

You can choose from Games design HNC, Health and Social Care HNC/D, Business HNC/D, Computing and Systems Development HNC/D and many more.

#### **Traineeships**

If you're unemployed and not sure how to find work, our new traineeship programme could help you get work experience with a vetted employer in the sector you want to work in. A traineeship is a work experience placement for a 16 to 24 year old which lasts anything from 3 weeks to 5 months, and includes Maths, English and 'preparation for employment'.

Courses run throughout the year. Call 020 8918 7272 or email us at apprenticeships@south-thames.ac.uk.

### **Apprenticeships**

If you prefer to learn through practical experience at work, an apprenticeship enables you to 'learn while you earn'.

In an apprenticeship, you learn on-the-job and work towards a nationally recognized qualification.

We offer a wide range of apprenticeships, including Electrical Installation, Childcare, Plumbing, Hairdressing and many more.

If you're interested in an apprenticeship call 020 8918 7272, or email us at apprenticeships@south-thames.ac.uk



# **Aspire @ Southfields**

Southfields Academy 337 Merton Road London SW18 5JU

T: 020 8875 2603

E: info@aspirecentre.com www.aspirecentre.com

Aspire @ Southfields offer a range of short courses designed to help you build the skills and confidence you need to find employment, including:

- Maths and English Functional Skills
- ICT ranging from Basic Computer Skills to Advanced Digital Photography
- Internet and Social Media
- CV and application writing
- Interview Skills

## **University of Roehampton**

Roehampton Lane SW15 5PU

T: 020 8392 3232

E: enquiries@roehampton.ac.uk

www.roehampton.ac.uk

Alongside a wide range of undergraduate and postgraduate courses, Roehampton University offers short training courses in areas such as 'Back to Teaching' and Counseling Skills.

#### **Deaf First**

Oak Lodge School 101 Nightingale Lane, SW12 8NA

T: 020 8675 9751

admin-df@oaklodge.wandsworth.sch.uk www.deaf-first.org.uk

Deaf First runs courses for adults who are hearing-impaired.

We can help you prepare for work through our Maths, English and ICT courses.

# Wandsworth Library and Heritage Service

Battersea Library, 265 Lavender Hill, SW11 1JB

T: 020 7223 2334

E: wandsworth.libraries@gll.org

The library service offers short courses in basic ICT, using the internet and social networking to help you find work or set up your own business. You can also study for and take the ECDL and ECDL Advanced qualifications.

We also offer a range of Family Learning activities throughout the year.

#### **Yvonne Carr Centre**

2 Thessaly Road, SW8 4HT

T: 020 7622 1250

www.thessalycp.org.uk

Courses designed to help you get into work include computing courses and English for Speakers of Other Languages (ESOL).

# **Share Community**

64 Altenburg Gardens, SW11 1JL

T: 020 7924 2949

E: info@sharecommunity.org.uk www.sharecommunity.org.uk

E: adudman@oaklodge.wandsworth.sch.uk

Share provide training and employment support for disabled adults, including those with learning disabilities, physical/sensory impairments, autism and mental health needs. As well as accredited training programmes in horticulture, catering, IT, and life and basic skills, Share

provides a number of short courses that centre around personal development, and health and wellbeing, such as music, creative writing, baking, art and yoga.

Share operates two social enterprises Share Gardening and Share Catering which provide services to the local community while offering safe and supported working for Share's graduates.

Share also runs Go Anywhere, Do Anything, which offers people with learning disabilities an opportunity to make the most out of arts, leisure, and sports activities in and around London, with the support of social buddies.

Share's in-house employment specialist also works with Wandsworth residents with a long-term mental health diagnosis to help them get back into paid employment and provide in-work support.

At Share, we focus on what people can do, not what holds them back. And we believe that everyone has something to offer their community, whether it be in employment or as active members of our society. We aim to inspire our students to live happy, healthy and independent lives.



# Wandsworth Community and Family Learning

Wandsworth Council manages an extensive programme of community and family learning opportunities. Much of the provision is outlined in this Quick Reference Guide and clearly demonstrates opportunities to access learning to improve employability and health and wellbeing.

#### Children's Centre Provision

Lifelong Learning are working with Wandsworth's Children's Centres to offer a range of adult learning opportunities including English, Maths and English for Speakers of Other Languages (ESOL); Confidence Building and Employability courses.

There is also a focus on Family Learning, which is available in many of the Children's Centres, libraries and other community venues.

As well as the provision outlined in this Quick Reference Guide there are regular up-dates to our website: www.wandsworthlifelonglearning.org.uk Throughout the year there are regular up-dates on new learning opportunities. In particular look out for the Family Learning Programme for October 2017 and the Festival of Learning programme in May 2018.

If you would like to be added to our mailing list and/or would like further information, please contact 020 8871 8055 or 020 8871 8618. Alternatively e-mail swilliams4@wandsworth.gov.uk or nbaker@wandsworth.gov.uk

## **English for Action**

#### **EFA London**

St Margaret's House, 21 Old Ford Rd, London E2 9PL

T: 07789 006248

E: info@efalondon.org www.efalondon.org

English for Action run free ESOL (English for Speakers of Other Languages) courses for adults in London. Please contact us to find out what is on offer in your area.

#### Katherine Low Settlement

108 Battersea High Street, London SW11 3HP

T: 020 7223 2845

E: info@klsettlement.org.uk www.klsettlement.org.uk

Katherine Low Settlement is a charity that has been serving the communities of Battersea and the wider Wandsworth community since 1924. We are dedicated to tackling poverty and building stronger communities.

We run a range of our own community projects to support children and their families, older people and newlyarrived communities. Please contact us to find out what is on offer in your area.

# The Baked Bean Company

T: 020 8944 0024

E:izzy@bakedbeancompany.com www.bakedbeancompany.com

The Baked Bean Company aims to support and encourage people with learning disabilities to become

more integrated into the community at large by helping them to develop relevant skills & abilities. Then, through community and work-based projects The Baked Bean Company offers opportunities to people with learning disabilities to work alongside people who may not have learning disabilities. The Baked Bean Company still provides drama services to individuals (and to five local authorities) but now they have expanded to provide a range of other services, some of which are listed below:

- Dance and movement
- Craft
- Drama
- Filming
- Musical Theatre
- Holidays

- Singing
- Performing Arts
- Cookery
- Djing
- Health and Fitness
- The Baked Bean Theatre Company: A professional group made up of actors with learning disabilities. It offers the chance to learn real skills, put them to use in real theatres and work with theatre professionals.
- Baked Bean Holidays: A range of holidays during the summer months, including breaks in the UK, holidays

- abroad, and creativity-themed holidays.
- The Baked Bean Choir: A music project for adults with a learning disability who want to sing and be creative with like-minded people.
- Baked Bean Dance Company: A dance project; a chance to get fit, learn, enjoy and perform, with fully qualified and professional instructors.
- Baked Bean Players; Comedy theatre performing in the community.
- Chilli Beans: A performance group devising productions including song, dance and acting to perform in front of live audiences.
- Baked Bean DJs- A djing group learning to arrange a set list, mix tracks and read a crowd. Gigging at local community events
- Jumping Beans: A high energy, movement group for people who love dance and movement but who don't wish to perform to an audience.
- Baked Bean Cookery; learn how to cook simple, healthy meals.
- Baked Bean Create: A project to help people with

- learning disabilities to learn new skills and become more independent through the medium of arts and crafts.
- Runner Beans High energy fitness classes and team sports for people with learning disabilities.
- Screen Beans Film making and acting for film.
- Bean.comm A non performance group using drama techniques to explore social skills and build confidence.
- Youth Theatre Drama and dance group for under 25s.
- Electric Beans A performing Arts group focused on real life issues and performing in the local community using drama and physical theatre techniques.
- Beans in Education (BIE): A touring theatre group performing in schools, colleges and universities. Using theatre to help to teach others.

Please contact The Baked Bean Company or visit our website for further information on these, and all of the services we have to offer.

# **South Thames College**

Wandsworth Campus Wandsworth High Street SW18 2PP

Other centres in Tooting and Merton

T: 020 8918 7777

E: info@south-thames.ac.uk www.south-thames.ac.uk

South Thames College is a further education college with sites across Wandsworth and southwest London. It offers a very wide selection of courses designed to help you stay fit and healthy.

Classes range from Pilates, Yoga, Tai Chi and Chair-Based Exercise, to name but a few, through to a variety of sports activities and healthy lifestyle classes like Professional Cookery, Introduction to Complementary Therapies and Meditation and Relaxation.

Taster sessions run throughout the year so you can try out a subject before signing up for the course. Call or check out our website for details.

## **Aspire @ Southfields**

Southfields Academy 337 Merton Road London SW18 5JU

T: 020 8875 2603

E: info@aspirecentre.com www.aspirecentre.com

Aspire @ Southfields offers a great range of sports and fitness activities, taught in state-of-the-art sports facilities, which include:

- Extended 25m indoor swimming pool
- 3G Astroturf football pitch
- 2 multi-purpose sports halls
- Activity studio
- Climbing wall and traversing wall
- High-spec fiteness suite
- Dance studio

Courses include Archery, Pilates, Yoga, Cardiotone, Zumba, Agua Aerobics and Climbing courses from beginner to advanced and much more.

There is also an extensive range of Family Learning classes, running in both term-time and holidays, with workshops such as Family Trampolining, Family Rock Climbing, Family Archery and Family Zumba.

# **St Francis Xavier College**

10 Malwood Road SW12 8EN

T: 020 8772 6060

E: community@sfx.ac.uk Web: community.sfx.ac.uk

SFX offers you an enjoyable and affordable range of classes to stay fit and healthy including Yoga; Zumba; Zumba Gold; Tap dancing or Pilates.

Take a look at our prospectus online for full details.

# **Hestia Age Activity Centre**

966 Garratt Lane, SW17 0NG

T: 020 8767 8426

E: Beverly.Pitter@hestia.org

www.hestia.org

The Hestia Age Activity Centre in Tooting aims to help people aged 60 and over to stay active, healthy and independent. It provides a friendly environment where older people can develop friendships and take part in activities that help them to maximise their talents and remain happy and independent. Fitness classes include Zumba and Tai Chi.

The centre also offers benefits advice, help with completing forms and other support.

#### Deaf First

Oak Lodge School, 101 Nightingale Lane, SW12 8NA

T: 020 8675 9751

E: bsl-df@oaklodge.wandsworth.sch.uk

Deaf First runs courses for adults who are hearingimpaired.

# **Active Lifestyles**

T: 020 8871 6373

E: activelifestyles@wandsworth.gov.uk www.enablelc.org/activelifestyles www.enablelc.org/walk4life

Enable Leisure and Sport run the Active Lifestyles programme that gives you the opportunities to take part in a variety of sport and physical activities. The programme includes activities such as Pilates, Tai Chi, 50+ exercise classes, Zumba, Back to Netball, Kickboxercise and walking sports such as Football and Netball. Sessions take place across Wandsworth in community centres, churches and leisure centres. We also run a walking programme called Walk4Life which offers free led walks around Wandsworth

Visit our website for more information.



# **South Thames College**

Wandsworth Campus Wandsworth High Street SW18 2PP

Other centres in Tooting and Merton

T: 020 8918 7777

 $\hbox{\bf E: info@south-thames.ac.uk}$ 

www.south-thames.ac.uk

South Thames College is a further education college with sites across Wandsworth and Southwest London.

The college offers a huge range of courses designed to develop and extend your interests and hobbies and to inspire you to learn something new. For example, you can choose from classes in Visual Arts, Performing Arts and Music, Media, Fashion and Clothes Making, Floristry, Cake Decorating, Motor Cycle Repair and Maintenance, DIY, or learn a new language. The list is enormous!

Taster sessions run throughout the year so you can try out a subject before signing up for the course.

Go to our website or call to request a prospectus.

# **Aspire @ Southfields**

Southfields Academy 337 Merton Road SW18 5JU

T: 020 8875 2603

E: info@aspirecentre.com www.aspirecentre.com

Community Learning at Aspire includes an exciting range of courses designed to encourage you to broaden your horizon.

Aspire also offers you the chance to learn with your children, both in term-time and holidays, in its extended Family Learning programme.



#### **Sound Minds**

20-22 York Road, SW11 3QA

T: 020 7207 1786

E: staff@soundminds.co.uk

Sound Minds works with people experiencing mental health problems.

Accredited courses are generally at Level 2 (Open College Network London) and may lead to sessional work in mental health peer support and the arts.

Community Choir: Mondays 4-6pm, Katherine Low

Settlement, SW11 3HP

FREE to anyone wanting to sing!

 $\label{lem:Leaders: Searahlaine St James and Sandi Grant..$ 

Call the studio to join.

**Mama Lows Kitchen:** User led support. Every Friday at Katherine Low Settlement. Low cost meal. User organised outings. Internet. Pool, table tennis and events.

# St Francis Xavier College

10 Malwood Road, SW12 8EN

T: 020 8772 6060

E: community@sfx.ac.uk
Web: community.sfx.ac.uk

SFX night school: Learning a new skill, language or hobby is an affordable, sociable and great value evening out at SFX.

Our top quality evening classes include: languages (French, Italian, Spanish, German, Japanese and Portuguese); Digital Photography; Art; Leather Craftwork; Floristry; Guitar; Cinema / Film; Psychology; Tap Dance; Yoga and Pilates. See our online prospectus for full details!

Plus: language and art classes during the daytime.



# **Family Learning**

T: 020 8871 8055

E: swilliams4@wandsworth.gov.uk

Wandsworth Family Learning is part of the council's Lifelong Learning service. It offers a free programme ranging from one-off workshops to longer courses involving dads, mums, carers and children aged 0-16. Family Learning offers fun sessions for all the family, like photography, rock climbing, film and music technology, boxing, sewing, healthy eating and arts and crafts.

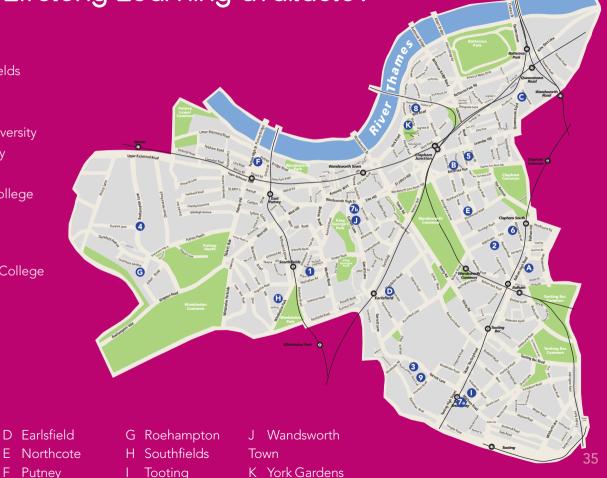
Family Learning classes take place in schools, children's centres, community groups, sporting venues, South Thames College, Aspire @ Southfields and Libraries.

For further information on family learning activities available in your area please contact Sharon Williams on 020 8871 8055.

Where is Lifelong Learning available?

# Main providers

- Aspire @ Southfields
- Deaf First
- Hestia
- Roehampton University
- Share Community
- Sound Minds
- South Thames College (2 sites)
  - a Tooting
  - b Wandsworth
- St Francis Xavier College
- Yahweh



# Libraries

Battersea

Battersea Park

A Balham

D Earlsfield

E Northcote

Tooting

K York Gardens

# For more information

If you wish to contact the Lifelong Learning team please call 020 8871 8618, or visit our website:

www.wandsworthlifelonglearning.org.uk

For more information about learning opportunities across London please visit

www.hotcourses.com

