

## For More Information

If you wish to contact the Lifelong Learning team please call **020 8871 8626**, or visit our website: [www.wandsworthlifelonglearning.org.uk](http://www.wandsworthlifelonglearning.org.uk)

If you have difficulty understanding this in English, please contact:  
Wandsworth Interpreting Service: (020) 8672 1043/3649 English

যদি আপনার এটি ইংরেজিতে বুঝতে অসুবিধা হয় তাহলে অনুগ্রহ করে এখানে যোগাযোগ করুন: Wandsworth Interpreting Service: (020) 8672 1043/3649 Bengali

Si vous avez des difficultés à comprendre ce texte en anglais, veuillez contacter: Wandsworth Interpreting Service: (020) 8672 1043/3649 French

અગર તે અંગ્રેજીમાં સમજવી મુશ્કેલ લાગે તો મહેરબાની કરીને  
Wandsworth Interpreting Service: (020) 8672 1043/3649 પર સંપર્ક કરો. Gujarati

यदि इसे अंग्रेजी में समझने में समस्या हो तो कृपया Wandsworth Interpreting Service का (020) 8672 1043/3649 पर संपर्क करें। Hindi

W razie problemów ze zrozumieniem tekstu w języku angielskim prosimy o kontakt z: Wandsworth Interpreting Service: (020) 8672 1043/3649 Polish

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ਜੇ ਤੁਹਾਨੂੰ, ਇਸਨੂੰ ਅੰਗ੍ਰੇਜ਼ੀ ਵਿਚ ਸਮਝਣ ਵਿਚ ਮੁਸ਼ਕਿਲ ਹੈ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸੰਪਰਕ ਕਰੋ:  
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Hadday kugu adag tahay inaad ku fahamto Ingriis fadlan la xiriir:  
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Wandsworth Interpreting Service: (020) 8672 1043/3649 Spanish

இதை ஆங்கிலத்தில் புரிந்துகொள்வதில் சிரமம் இருந்தால் நீங்கள் தொடர்புகொள்ள வேண்டியது: Wandsworth Interpreting Service: (020) 8672 1043/3649 Tamil

اگر آپ کو انگریزی میں اسے سمجھنے میں دشواری کا سامنا ہو تو براہ کرم رابطہ کریں:  
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# Family Learning

Adults and Children Having Fun Learning Together  
Wandsworth Council  
Spring and Summer 2011  
Newsletter & listings

What? Where? When? How?



Skills  
Funding  
Agency

# What Is Family Learning?



Wandsworth Council currently delivers Family Learning courses in a wide range of venues including libraries, community and voluntary organisations. In addition to this we are working with over 30 primary and secondary schools, as well as South Thames College.

Family Learning Programmes support fun learning activities and are available for parents, grandparents, carers and can involve other family members. Courses aim to give parents/carers confidence in being involved in their children's education.

People of all ages discover new interests, aptitudes and abilities. So why not take some time out from your normal family routine and try something that your child will be talking about for weeks!

Family Literacy and Numeracy courses provide opportunities for adults to provide support and find out how children are being taught at school.

Family Learning courses are FREE and include all materials, except where stated.

**Adults must accompany children on all Family Learning courses, unless stated.**

There are to be a maximum of 2 children per adult, please check with each course for more information. Please also check the programme for age ranges.

**Please note:** On workshops, priority will be given to new learners. If you have any queries or ideas for further Family Learning courses please contact:

**Judith Arkwright**  
Family Learning Coordinator  
020 8871 8524

**Belinda Bates**  
Family Learning Coordinator  
020 8871 8490





Wandsworth Council  
Professional Centre  
Franciscan Road  
Tooting  
London SW17 8HE

Please telephone the centre to book your FREE place on a Family Learning course as places are limited and operate on a first come first served basis.

# When? Family Learning Timetable

All courses are FREE but you will need to book a place unless otherwise stated

## Key to Symbols

-  Crèche
-  Free light refreshments
-  Toilet
-  Wheelchair access

## Dad's Day: Build a Rocket



Bring your dad and build a rocket that will be out of this world! All materials are supplied, so come and have lots of family fun and set them off into space!

Tues 12th April 2011, 11am – 1pm, 1 session  
5-16 years & mums/dads/carers  
Chestnut Grove School, Balham  
**Daisy Duncan-Smith 020 8871 8626**

## Healthy Eating



Healthy balanced meals on a budget through Sainsbury's. Preparing, cooking and eating workshop and a cook book to take home. Please bring an apron.

Thurs 14th April 2011, 1.15pm – 3.15pm,  
1 session, 0-5 years & mums/dads/carers  
Fayland One O'clock Centre, Tooting  
**Tina Neal / Sasha Sagoe 020 8696 6649**

## Family Learning Day



Family Learning Day invites all the family to take part in taster workshops in Drama Skills, North Indian Dhol Drumming, Modern Dance and Hip Hop 'Circle' Vocals. Plus find out about more activities in your area.

Fri 15th April 2011, 1.30pm – 4.30pm,  
1 session, 0-16 years & mums/dads/carers  
Battersea Park School  
**karenO'Brien@batterseaparkschool.org**  
**Karen O'Brien 07949 144 804**

## Family Smoothies



Choose the fruit for your smoothie and then make it yourself by producing your own energy riding our bike! Puppet making and drawing activities as well – fun for all the family. No need to book, just turn up.

Tues 19th April 2011, 11am – 3pm, 1 session  
0-16 years & mums/dads/carers  
Southside Shopping Centre, Wandsworth  
**Daisy Duncan-Smith 020 8871 8626**

## Football and Literacy



Top marks in both football and literacy on this 5 week course! Open to all abilities. Have a chance to be coached by some top football coaches! Please bring a packed lunch.

Sat 30th April 2011, 11.30am – 2.30pm,  
5 sessions, 10-16 years & mums/dads/carers  
Wandle Leisure Centre, Wandsworth  
**Daisy Duncan-Smith 020 8871 8626**

## 'Cut costs, Save more!! Let your money work for you'



During the three week course you will learn how to be more in control of your money, so that you have more money in your pocket at the end of the day; how to recognise the difference between good debt and bad debt and get ideas for shopping and cooking on a budget.

Fri 6th May 2011, 9.45am – 11.45am,  
3 sessions, mums/dads/carers only.  
Yvonne Carr Centre, Battersea  
**Emma Marks 020 7622 0026 x270**

## Tell a story and make a book!



Bring along some pictures of family, friends or pets. See how you can make up stories with your children and make a book to take home.

Thurs 12th May 2011, 1.30pm – 3.30pm,  
1 session, 0-5 years & mums/dads/carers  
Franciscan Children's Centre, Tooting  
**Janet Cook 020 8672 3048**

## Making books and puppets



Come along and read your favourite story together then find out how to make puppets or even your own book. No need to book, just turn up and have fun!

Tues 17th May 2011, 1.15pm – 3.15pm,  
1 session, 0-5 years & mums/dads/carers  
Alton One O'clock Centre, Roehampton  
**Daisy Duncan-Smith 020 8871 8626**



## Lets Pretend



Come along and listen to some favourite stories and then act them out or create puppets to make the stories come alive! No need to book, just turn up!

Thurs 19th May 2011, 1.15pm – 3.15pm, 1 session, 0-5 years & mums/dads/carers  
Fayland One O'clock Centre, Tooting  
**Daisy Duncan-Smith 020 8871 8626**

## Family Fun Day



Celebrate the Bank Holiday with jewellery making, a job workshop, arts and crafts, face painting, free health check and even a bouncy castle! Bar-B-Q. No need to book, just turn up!

Mon 30th May 2011, 11am – 3pm, 1 session  
0-16 years & mums/dads/carers  
STORM Doddington and Rollo Community Association, Battersea  
**020 7498 0311 / 07949 203 143**

## Storytelling



Come along to this workshop, act out your favourite stories and get involved in our summer drama project.

Tues 31st May 2011, 2pm – 4pm, 1 session  
8-14 years & mums/dads/carers  
Chesterton School, Battersea  
**Daisy Duncan-Smith 020 8871 8626**

## Bringing Out the Best in Boys



An opportunity for parents to find out what motivates their boys and to learn practical communication skills that increase cooperation and improve behaviour.

Wed 1st June 2011, 10am – 12pm, 1 session  
Mums/dads/carers only  
Chestnut Grove School, Balham  
**Carrie Palmer-Fry 020 8772 9042**

## Introduction to Pottery



Introduction to making pottery and the use of clay – a wonderful tactile medium that is enjoyable and expressive for young people and adults alike.

Tues 31st May, Wed 1st and Thurs 2nd June 2011, 10.30am – 12.30pm, 3 sessions  
7-14 years & mums/dads/carers  
PSAD, Putney  
**020 8788 9145**

## Yoga Bugs



Is your child into *Waybuloo*? Then come to this 'Yogabugs' workshop! Together you will combine yoga postures with exciting adventures. Fly on mystical birds and float on magic carpets. Improve your child's concentration, confidence and imagination.

Tues 31st May 2011, 1.15pm – 2.30pm, 1 session, 2-5 years & mums/dads/carers  
Alton One O'clock Club, Roehampton  
**Daisy Duncan-Smith 020 8871 8626**

## Family Fun Day



Come along to this exciting fun day. Try boxing, arts & crafts and media workshops with a prize draw.

Wed 1st June 2011, 10am – 1pm, 1 session  
0-16 years & mums/dads/carers  
St Mary's School, Battersea  
**Daisy Duncan-Smith 020 8871 8626**

## Illustrate a Story



This two-part workshop will guide you through how to create a large illustration of a story and then paint another scene or write and illustrate a scene from your own made up story. Light refreshments provided but bring a packed lunch.

Wed 1st June 2011, 10am – 4pm, 1 session  
7-14 years & mums/dads/carers  
PSAD, Putney  
**020 8788 9145**

## Photography Workshop



Come along to this fun filled workshop, learn to take photos and transfer them onto fabric. Bring a t-shirt to put your image on.

Wed 1st June 2011, 2pm – 4pm, 1 session  
10-16 years & mums/dads/carers  
Battersea Park School  
**Daisy Duncan-Smith 020 8871 8626**

## Dads in the Picture



Bring your dad along to this exciting fun day! Try pottery, boxing, drama and rock climbing. All dads and their children will take home a decorated photo! Booking required for rock climbing only. Please bring a packed lunch, but fruit and drinks provided.

Thurs 2nd June 2011, 11am – 4.30pm, 1 session, 5-16 years & mums/dads/carers  
Aspire Centre, Southfields  
**020 8875 2603**

Me and my family have had such fun!



*It has been a very special bonding experience with my son.*



## Dads in the Picture



Calling all dads with children under 5 years! Try a fun French class, make a fruit kebab and take part in music and story telling. All dads and their children will take home a decorated photo! Please bring a packed lunch, but fruit and drinks provided.

Thurs 2nd June 2011, 11am – 3pm, 1 session  
0-5 years & mums/dads/carers  
Aspire Centre, Southfields  
**020 8875 2603**

## Filming for Beginners



Learn the principles of film making and how to use a video camera to make a short film in this fun workshop. No experience required just a bit of imagination!

Thurs 2nd June 2011, 1pm – 3pm, 1 session  
8-16 years & mums/dads/carers  
York Gardens Library, Battersea  
**Gemma Read 020 8871 7471**

## Playing Shakespeare



Come along to this exciting and ground breaking new workshop run by Shakespeare's Globe Theatre in London. Engage in role play, drama games for all the family and find out just how cool Shakespeare can be!

Fri 3rd June 2011, 10am – 1pm, 1 session  
11-16 years & mums/dads/carers  
Chestnut Grove School, Balham  
**Daisy Duncan-Smith 020 8871 8626**

## K'NEX Taster



Use this construction kit in imaginative ways. Teams learn how to build working models and take part in races. Participants will learn about concepts such as forces and friction in a fun way, while developing problem solving and team building skills.

Fri 3rd June 2011, 2pm – 4pm  
7-11 years & mums/dads/carers  
Battersea Park Library  
**020 8871 7468**

## Family Drawing



Get drawing and sticking on a large scale. Lots of fun for the whole family! Be prepared to get messy...

Fri 3rd June 2011, 10am – 12pm, 1 session  
0-5 years & mums/dads/carers  
Eastwood Nursery, Roehampton  
**Elaine Eastham 020 8876 3976**

## Pirate Picnic



Aha me hearties! Meet other ship mates at Tooting Common Café to find the hidden treasure, take part in storytelling and arts & crafts! Fancy dress competition at 12.30pm. Bring a picnic but drinks and fruit provided. No need to book, just turn up!

Sat 4th June 2011, 11am – 1pm, 1 session  
0-16 years & mums/dads/carers  
Tooting Common Café  
**Daisy Duncan-Smith 020 8871 8626**

## Positive Parenting



Come to this informal workshop and get some tips on toddler care and how to make life positive for the whole family! Free parenting book provided.

Fri 10th June 2011, 1.15pm – 3.15pm, 1 session  
0-5 years & mums/dads/carers  
York Gardens One O'clock Centre, Battersea  
**Sue Gibson 020 7738 0889**

## Football and Numeracy



Score in both football and numeracy on this 6 week course! Open to all abilities. Have a chance to be coached by some top football coaches! Please bring a packed lunch.

Sat 4th June 2011, 11.30am – 2.30pm, 6 sessions  
10-16 years & mums/dads/carers  
Wandle Leisure Centre, Wandsworth  
**Daisy Duncan-Smith 020 8871 8626**

## Positive Parenting



Come to this informal workshop and get some tips on toddler care and how to make life positive for the whole family! Free parenting book provided.

Wed 15th June 2011, 1.15pm – 3.15pm,  
1 session, 0-5 years & mums/dads/carers  
King George's One O'clock Centre,  
Wandsworth  
**Caroline Piggott 020 8871 1865**

## Salt Dough Animals



Learn how to make salt dough. Then make your own miniature animals. Be prepared to get messy!

Wed 20th July 2011, 12.30pm – 2.30pm,  
1 session, 0-5 years & mums/dads/carers  
Eastwood Nursery, Roehampton  
**Elaine Eastham 020 8876 3976**

*The kids loved drawing and painting. It was really full of pleasure.*



## Football and Literacy



Summer Holiday Football: Top marks in both football and literacy on this 2 week course! Open to all abilities. Have a chance to be coached by some top football coaches! Please bring a packed lunch.

Sat 23rd July 2011, 11.30am – 2.30pm, 2 sessions, 10-16 years & mums/dads/carers  
Wandle Leisure Centre, Wandsworth  
**Summer Uni 020 8871 8360**

## Family Heritage



Come on a journey as you discover your family tree, to see if you are related to someone famous, rich or unusual. Discover what your name means and who else you may be connected to. Come and have a fun morning exploring and learning more about your history and heritage.

Mon 25th July 2011, 10.30am – 12.30pm, 1 session, 5-16 years & mums/dads/carers  
YCF, Tooting  
**Summer Uni 020 8871 8360**

## Longer Filming Project



Learn film making skills and make a movie at these action packed workshops.

Wed 27th and Thurs 28th July 2011, 1pm – 3pm, 2 sessions, 8-16 years & mums/dads/carers  
STORM, Battersea  
**Summer Uni 020 8871 8360**

## Healthy Eating



Healthy balanced meals on a budget through Sainsbury's. Preparing, cooking and eating workshop. Please bring an apron.

Thurs 28th July 2011, 11am – 1pm, 1 session, 0-16 years & mums/dads/carers  
Yvonne Carr Centre, Battersea  
**Summer Uni 020 8871 8360**

## Family Monster Day Hand Made Paper



Come along and read your favourite monster story together and then make a monster puppet and hat!

Mon 25th July 2011, 11am – 1pm, 1 session  
0-8 years & mums/dads/carers  
York Gardens Library, Battersea  
**Summer Uni 020 8871 8360**



You will gain hands-on experience in this fun and creative activity. It's also a great chance to learn how to recycle paper at home. Free paper-making kit to take home.

Tues 26th July 2011, 10.30am – 12.30pm, 1 session, 3-16 years & mums/dads/carers  
Hillbrook School, Tooting  
**Summer Uni 020 8871 8360**

## Family Music Monday



Bring your favourite song, instrument or dance and see how music can be a fun aspect in family life. You will learn to sing, play or dance your favourite tunes and various styles of music including gospel, jazz, pop and more.

Mon 1st August 2011, 10.30am – 12.30pm, 1 session, 5-16 years & mums/dads/carers  
YCF, Tooting  
**Summer Uni 020 8871 8360**

## Family Box-Fit



Join us for this non-contact Olympic boxing session. This workshop will cover fitness, skipping, pad work and boxing techniques.

Fri 5th August 2011, 10.30am – 12.30pm, 1 session, 8-16 years & mums/dads/carers  
Yvonne Carr Centre, Battersea  
**Summer Uni 020 8871 8360**

## Family Mask Making



Explore your own identity and learn new techniques through this interactive mask making workshop delivered over two days.

Wed 27th and Thurs 28th July 2011, 10.30am – 12.30pm, 2 sessions  
3-16 years & mums/dads/carers  
Hillbrook School, Tooting  
**Summer Uni 020 8871 8360**



## Family Rowing on the Thames

Fancy trying an Olympic sport? This workshop will include indoor rowing in water tanks and even out on the River Thames at Putney.

Wed 27th July 2011, 2pm – 4pm, 1 session  
10-16 years & mums/dads/carers  
Barn Elms Boat House, Putney  
**Summer Uni 020 8871 8360**



## Family Money & Health



Come and discuss money saving ideas for all the family and where to get the best deals. Hear tips on healthy eating in a cost effective way. End by making your own healthy smoothie drink.

Mon 8th August 2011, 10.30am – 12.30pm, 1 session, 5-16 years & mums/dads/carers  
YCF, Tooting  
**Summer Uni 020 8871 8360**

# Newsletter

## Card Fair at South Thames College

In December as the end of the term was fast approaching, we thought we should end it on a celebratory note. For those who would not normally take part in the traditional festive season, a card fair was an opportunity to engage in a college wide activity praising the work and skills of our learners.

The learners from four different college and community classes (some funded by Family Learning) took part in making cards for a variety of occasions; Christmas and New Year, Happy Birthday, Thank You, Happy Eid, New Born Baby and many others. The theme of the fair meant that the inclusion of learners' cultural and religious diversity was fully catered for, which is what the college is all about. Students had plenty of opportunity to use different skills in order to negotiate the process of actual card production and arrange the stall as well as people management and the all important handling of money.

All their hard work was going into supporting the NSPCC (National Society for the Prevention of Cruelty to Children) which they used as inspiration for doubling their efforts and making as much as they could.



The card fair took place over three days and attracted a lot of attention from both learners and members of staff. Creative abilities were highly praised and before long all the cards had been sold meaning that we had to acquire emergency materials to produce additional cards! The learners raised £240 in total!

Tatiana Krstic / Rizma Moti, tutors from South Thames College

## Age Concern team up with Salesian College

Elders from Age Concern Wandsworth joined forces recently with Year 10 students from Salesian College in Battersea to take part in an inter generational filming project called 'Snapshot of my Life'.

Students from Salesian college were trained in film making skills. They showcased their skills by putting together a mini documentary from discussions they carried out with older people from Age Concern about some aspects of their life.

A special screening of the film took place in the Wandsworth Museum in December 2010 and the group were given a guided tour of the museum followed by tea and cake!

For more information on the Life in London project please call **Sally Plumb** on **020 8871 8489** or visit the website **[www.lifeinlondon.org.uk](http://www.lifeinlondon.org.uk)**

## Albermale Family Reading Breakfast

Albermale Primary School in Southfields celebrated World Book Day last week by holding a family reading breakfast in their new community building.

'Be a very hungry caterpillar at Breakfast Club' was attended by over 40 Albermale families. There was a quiet area to listen to audio books, a reading area to enjoy a new book and different activities for children to enjoy including making sock puppets, bookmarks and mini-books.

The event was attended by Priya Basil, a Quick Read author, who talked to families about her passion for reading and read an extract from her new book entitled *Strangers on the 16:02*.

We hope to hold another family reading breakfast in the summer.



## Wandsworth Goes Gospel

A 500 strong choir from Wandsworth comprising singers aged 8-80 performed at the Royal Festival Hall on Monday 7th March as part of Sing Inspiration, a London wide project.

The choir was made up of young people and staff from Wandsworth Schools including Southfields, St Cecelia's, Chesterton, Earsfield, Smallwood, Westbridge, All Saints and John Burns.

Older students came from South Thames College along with adults from the Professional Centre Choir in Tooting and senior citizens from the Age Activity Choir.

The event was led by choir directors David Levale and John Fisher and accompanied by the igospel band and backing vocalists. The choir treated the audience to a mix of traditional songs as well as original material, solo pieces and a few of the younger students entertained the crowd with some break dancing.



## Case study: Somerset Nursery Kids Cookery School

Family Learning has funded an after school cookery club for parents and children at Somerset Nursery in both the Autumn and Spring terms which has been very successful. Judith Arkwright spoke to some of the parents and children.

### Faisa Fidow and Abdallahi (4 yrs)

Faisa 'he loves cooking at home – that's why I came to this class. Every week we try out the recipes that we get at home.'

Abdallahi says 'Mashed potatoes is my favourite food – we made that here'

### Laverne and Tiara (4 yrs)

Laverne 'We love it here – we wish the course could go on for longer!'

Tiara 'I liked it when we made pizza – I liked doing the topping!'

### Lesley Jackson and Carl (4 yrs)

Lesley 'He's very active at home – a bit hyper – that's why I brought him here because it focuses him, calms him down. He doesn't eat that much at home but if he made it himself its better – he likes it – he loved the rice we made here. He takes part in the session and answers all the questions the teacher asks'



## Family Fun and Finance Information Day at Eastwood Children's Centre Sure Start

A fun-filled day of family activities was held at Eastwood Children's Centre on Wednesday 27th October. Activities included two free computer workshops, where mums, dads and carers learnt how to use the Internet and save money. Information stalls, multi-sports activities for children and free refreshments were on offer.

Wandsworth Council Family Learning funded the IT workshops. Wandsworth Council currently delivers Family Learning courses in a wide range of venues, including libraries, community and voluntary organisations.

These programmes support fun learning activities, and are available for parents, grandparents and carers, learning alongside their children.

The two workshops were well attended by 14 families, and we hope to have similar activities in the future.

Angela Rolle, Extended Schools Cluster Co-ordinator

# What are your plans this summer?



## Free activities for 8-25 year olds

Visit: [www.summerunilondon.org](http://www.summerunilondon.org)  
or email: [summeruni@wandsworth.gov.uk](mailto:summeruni@wandsworth.gov.uk)  
to request a brochure.



# STORM presents the awards!

On 31st January, community organisation STORM (which stands for Support, Trust, Opportunity, Rebuilding and Motivation) held its AGM. Those present included 25 STORM learners, Councillor Vanessa Graham, a Trustee on STORM's board and His Worshipful, the Mayor of Wandsworth, Councillor Piers McCausland.

Marie Hanson gave the main address and ran through some of the amazing projects that STORM has been involved with in the last year, such as holding their fifth Peace Concert, securing funds to continue to run their Off the Streets Project and making new links to secure future funding. These new links include the Wandsworth Drug Project (working together on promoting their Awareness Day event), PCT (working together to provide an onsite IAPT centre – a low intense counselling surgery run once a week at STORM) and working more closely with Job Centre Plus and local care homes such as the Leonard Cheshire Disability Services/St Georges Hospital.

STORM also runs a Job Shop once a week, helping people find work/voluntary placements and encouraging them to build on skills and confidence to help them gain employment and get themselves out of poverty. Marie also referred to STORM's work with Wandsworth Council through Lifelong Learning, running accredited basic skills classes at her centre, which included Level 1 Literacy and Numeracy, Level 2 IAG courses (Information, Advice and Guidance) and Family one day workshops and day trips out.

Certificates for Literacy and Numeracy were handed out to several learners by the Mayor himself and then everyone tucked into a delicious buffet!

Congratulations to STORM on their stirring work. Special congratulations to Marie Hanson who received two awards at the Child Poverty Unit, 1st place for Outstanding Practitioner and 2nd Place for Inspirational Parent.

Tina Cowles, STORM's Administrator



# FUN & GAMES: Healthy Eating



## Make up a meal

Cut out pictures of food from old magazines or packaging and spread them out onto a table.

- Take it in turns to choose ingredients from the pictures. Invent a meal using the ingredients you have chosen.
- Describe your meal and talk about how healthy it is.
- The whole family can think about ways to adapt the meal for different tastes and using different ingredients.

## Memory Game

This is a great game to play on the way to the shops or on a long journey. The first person says 'I went to the shops and bought an apple', the next person says 'I went to the shops and bought an apple and a banana'. You will need to remember everyone's item and then add your own.

Take in turns until someone forgets the correct order.



## Shopping Games

Play shops at home using real money and food packets and tins. You can help your child practise their reading and writing skills by getting them to make a shopping list too.

When you are in the shop let them have their own basket and ask for their help in searching for particular items. Give empty packets to younger children so that they can find the same item.

If you are going to cook together, ask your children to check that you have all the ingredients needed for the recipe.

**Games to play with older children when shopping for food:**

- What is the most expensive item you buy in terms of weight?
- What is the cheapest item you buy in terms of weight?
- Ask them to find something that comes from Africa (or Europe, or America)
- "I-Spy with my little eye, something beginning with..."
- Spot five fruits. Find five green vegetables etc.

# Where Is Family Learning Available?

**01 Alton One  
O'clock Centre**  
Fontley Way, Alton Estate  
LONDON SW15 4LY  
020 8789 2770

**02 Aspire Centre  
@ Southfields  
Community College**  
337 Merton Road  
LONDON SW18 5JU  
020 8875 2603

**03 Barn Elms Boat House**  
Putney Towpath, Embankment  
LONDON SW15 1LB  
020 8788 9472

**04 Battersea Park Library**  
309 Battersea Park Road  
LONDON SW11 4NF  
020 8871 7468

**05 Battersea Park School**  
401 Battersea Park Road  
LONDON SW11 5AP  
020 7622 0026

**06 Chesterton School**  
Dagnall Street,  
Battersea Park Road,  
LONDON SW11 5DT  
020 7622 1619

**07 Chestnut Grove School**  
45 Chestnut Grove,  
LONDON SW12 8JZ  
020 8673 8737

**08 Eastwood Nursery**  
168 Roehampton Lane  
LONDON SW15 4EU  
020 8876 3976

**09 Fayland One O'clock  
Centre Integrated  
Children's Centre**  
Fayland Avenue  
LONDON SW16 1SY  
020 8696 7297

**10 Franciscan  
Children's Centre**  
Franciscan Primary School,  
Franciscan Road  
LONDON SW17 8HQ  
020 8672 3048

**11 Graveney School**  
Welham Road  
LONDON SW17 9BU  
020 8682 7000

**12 King George's  
One O'clock Centre**  
Buckhold Road  
LONDON SW18 4AS  
020 8871 1865

**13 PSAD**  
(Putney School of Art & Design)  
Oxford Road,  
LONDON SW15 2LQ  
020 8788 9145

**14 Southside  
Shopping Centre**  
Wandsworth  
LONDON SW18 4TF

**15 STORM**  
Doddington and Rollo  
Community Association,  
Charlotte Despard Avenue  
LONDON SW11 5HD  
020 7498 0311 / 07949 203 143

**16 St Mary's School**  
Lockington Rd  
LONDON SW8 4BE  
020 7622 5460

**17 Tooting Common Café**  
Tooting Common,  
Off Bedford Hill  
LONDON SW16 1RU

**18 Wandle Leisure Centre**  
Mapleton Road  
LONDON SW18 4DN  
020 8871 1149

**19 YCF**  
(Yahweh Christian Fellowship)  
52 Fairlight Road  
LONDON SW17 0JD  
020 8682 4527

**20 York Garden's Library**  
34 Lavender Rd  
LONDON SW11 2UG  
020 8871 7471

**21 York Garden's  
One O'clock Centre**  
Lavender Road  
LONDON SW11 2UG  
020 7738 0889

**22 Yvonne Carr Centre**  
2 Thessaly Road  
LONDON SW8 4HT  
020 7622 1250

